



TERMS AND CONDITIONS

1. **WEBSITE:** Information published on this web site is provided for the use of its visitors and you are advised that, although care has been taken to ensure technical and factual accuracy, some errors may occur. No guarantee is given to the accuracy or completeness of information on these pages. Please be aware that *MFR-LA* may alter the information on its site from time to time. *MFR-LA* shall have no liability arising from the use by any party of the information on this website. *MFR-LA* does not warrant the information on this web site in any way and in particular no warranty is given that the web site or its contents or hypertext links are virus free or uncontaminated. You are advised to make your own virus checks and to implement your own precautions in this respect. *MFR-LA* excludes all liability for contamination or damage caused by any virus or electronic transmission.

2. **PRIVACY AND SECURITY POLICY AND COMMITMENT TO DATA SECURITY:**

- * Your personal identification is kept secure. Only authorized employees, agents and contractors (who have agreed to keep information secure and confidential) have access to this information. All emails and newsletters from *MFR-LA* allow you to opt out of further mailings.
- * *MFR-LA* will never sell, trade, rent, exchange or otherwise share your personal information with any other person, company or organization.

3. **CONFIDENTIALITY AND NON-DISCLOSURE:** I understand that any information that is obtained regarding my medical history, fitness level, lifestyle and progress will be treated as privileged and confidential and will not be released or revealed to any person other than my physician without my expressed written consent.

4. **MEDICAL RELEASE:** I understand that I am participating in myofascial release, corrective exercise, yoga and other physical activities and waive, release and forever discharge *MFR-LA* and Julia Snyder, its agents employees from all such liability, loss, injury, death, cost, claims, damages, or expenses that may occur before, during, or after participation in any and all activities before, after or through the course of the treatment.

5. **STATEMENT OF WELLBEING:** I am physically healthy, and psychologically and emotionally stable. I understand that *MFR-LA* and any or all of its employees or representatives are not medical or psychological professionals. The practices there-in are not a substitute for seeking professional help for any medical, psychological, or emotional issues that may be pre-existing or may arise throughout my participation.

6. **CONDITIONS OF SERVICE:** I understand that *MFR-LA* provides therapeutic bodywork. During a myofascial release session trust is necessary for both client and facilitator. From that place, there is NO room for behaviors that may be considered sexual in nature. Sexual impropriety will not be tolerated, and will result in termination of services without refund. *(Please see "Pledge of Professionalism")*

If you have any questions or comments regarding the Website or this Agreement, feel free to contact us by email light@mfr-la.com

Thanks for making me apart of your self-care team!
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